BREITENBURG

SPA

WELCOME

Our spacious Spa will amaze you. Whether you're looking for a soothing beauty treatment, a revitalizing cleaning ritual in the hammam, or an extended sauna session followed by refreshment in the infinity pool, which can – depending on the weather – transform from an indoor to an outdoor pool thanks to its movable panoramic windows – let yourself be pampered and enjoy with all your senses.

Overlooking the Breitenburger canal, after an intensive massage or a visit to the hammam, you can relax on our loungers in one of the four relaxation rooms and forget the stress of everyday life with a soothing glass of tea.

DAY SPA

Sunday – Friday	
Day ticket from 7am – 10pm	€ 55,00
Evening ticket from 6pm – 10pm	€ 35,00

On Saturdays, the Spa area is reserved for our overnight guests. We kindly ask you to ma a reservation by phone in advance.

OUR PRODUCTS

The Organic Pharmacy

The Organic Pharmacy is an organically luxurious London based care system that covers and unites all care segments. Exclusive organic-native complexes of active ingredients, in combination with bioactive organic high-tech substances are used for this unique individual care.

NAILBERRY

Based on a patented technology, the **„Nailberry L'Oxygéné"** premium products not only offer great, healthier colors, but have also been supplemented with a perfectly matched range of premium nail care products for manicures to sustainably repair and strengthen damaged nails.

SAUNA WORLD

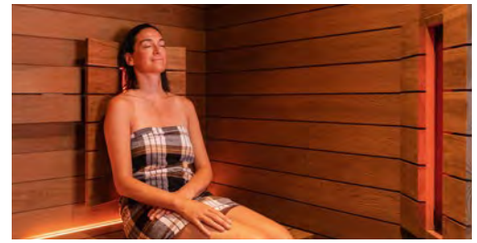
A place of rest and regeneration. Heated through infrared radiation or traditionally 60 degrees (bio sauna) to 90 degrees (Finnish sauna), they are tailored to the individual needs of our guests. A traditional steam bath, where Rasul treatments are available, completes the offer.

FINNISH SAUNA | 90 °C

STEAM ROOM | 45 °C

BIO-SAUNA | 60 °C

INFRARED CABIN | deep heat at 37 °C



COMPLETELY PRIVATE

We will gladly reserve your very own private Finnish, bio, or infrared sauna, with its own relaxation area for your exclusive use.

MIN. 2 HOURS FOR € 25,00 PER HOUR

FACIALS

Activating, regenerating, relaxing. Our customized facials give your skin everything it needs for a radiant appearance.

ROSE CRYSTAL LYMPHATIC FACIAL

This luxurious, holistic beauty ritual includes a unique deep cleansing and three highly effective masks to clarify, hydrate, and firm the skin. After a stimulating acupressure session, the lymphatic system is activated by gently stroking out the lymph with energetic rose quartz crystals. An intensive facial massage as well as foot, hand, arm, leg, and head massages complete the treatment. This pampering time-out leaves your skin radiantly beautiful and your body deeply relaxed.

105 MINUTES € 199,00

Without arm, leg, and foot massage, without Collagen Boost Mask (Anti-Aging Mask)

75 MINUTES € 109,00

ENZYME PEELING VITAMIN C & PAPAYA FACIAL

Restore your skin to its naturally perfect state! The deep cleansing and the enzyme peeling enriched with organic fruit acid purposefully correct pigment spots as well as fine wrinkles and unevenness in the face and décolleté areas. Stimulating acupressure is followed by intensive head, face, décolleté, shoulder, and neck massages. The appearance of your skin is significantly refined, smoothed, softer and clearer.

60 MINUTES € 129,00

THERMO- AND CRYOTHERAPY

A particularly deep-acting, cell-rejuvenating facial treatment designed to improve the elasticity and firmness of the skin. The alternating heating and cooling of the skin during the treatment activates the cells. This allows the active ingredients to be absorbed particularly deeply into the tissue, where they can exert their full effect. The face looks fresher and smoother, and dark circles, redness, and pores are visibly minimized.

60 MINUTES € 139,00

FOUNTAIN OF YOUTH FACIAL

An exclusive facial that combines a blend of pharmaceutical botanicals, vitamins, and photoactive substances with acupressure techniques and a focus on crystal therapy. Semi-precious stones of quartz, amethyst, and jade improve your complexion and your well-being. Visible results, smooth, radiant skin, and the beautiful feeling of being rebalanced and recharged.

90 MINUTES € 199,00

IMMUNE RECOVERY FACIAL

Find inner peace, harmony, and balance – from the inside out and the outside in. Experience a multi-faceted approach to skin wellness in harmony with its natural flow. This facial combines deep cleansing and fruit acid peels to reveal a brighter, nourished, and exceptionally smooth complexion. A lymphatic massage and crystals soothe and balance the heart chakra, to create inner joy and powerful anti-aging benefits.

75 MINUTES € 155,00

CLEANSING TREATMENT

This clarifying treatment includes a professional intensive cleansing, a decongestant and soothing deep cleansing mask, and a relaxing scalp massage. After a stimulating acupressure session, the lymphatic system is stimulated by gently stroking out the lymph with energetic rose quartz crystals. The result: visibly purer skin and a refined complexion.

60 MINUTES € 99,00

REFRESH FACIAL

The ideal facial for maximum results in the minimum amount of time. Leaves your skin deeply cleansed, clarified, refined, and ideally moisturized. Collagen and hyaluronic acid production are lastingly stimulated.

45 MINUTES € 89,00

EXTRAS

can only be booked in connection with a facial treatment.

EYEBROW TINT	€ 20,00
EYEBROW SHAPE CORRECTION	€ 20,00
EYELASH TINT	€ 20,00
FACIAL HAIR	€ 20,00

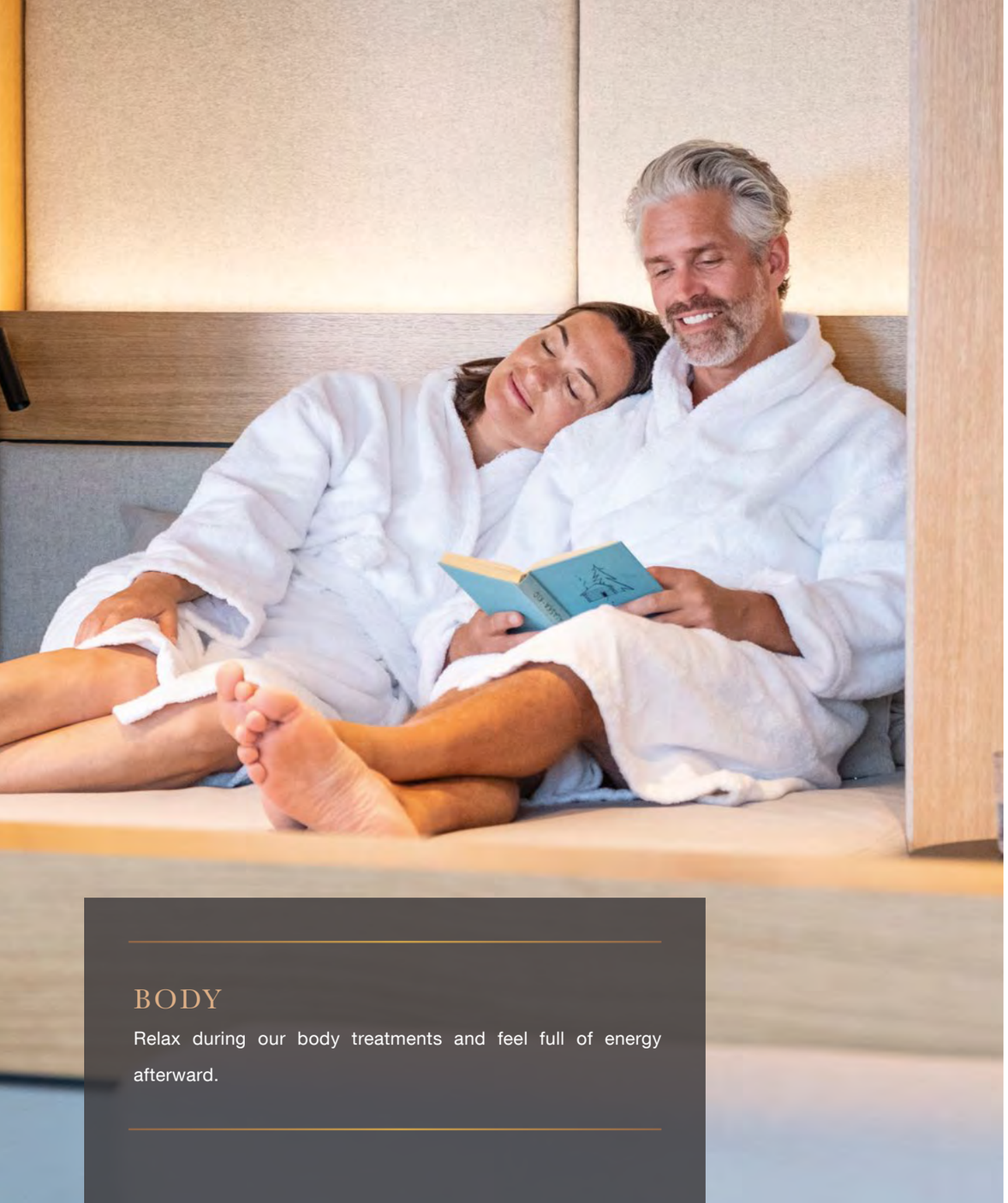
MEN

A well-groomed appearance is simply part of being a modern men. Because after all, cosmetics is not just women‘s business.

MEN'S ORGANIC GROOMING FACIAL

A luxurious, deep cleansing, and revitalizing facial for men, including a head massage. Stress and tension are actively relieved. Skin and body are quickly soothed, nourished, and re-energized.

60 MINUTES € 99,00



BODY

Relax during our body treatments and feel full of energy afterward.

SAND LOUNGER

Let your body be enveloped by a harmonizing and deeply relaxing warmth. Give yourself completely to the warmth of the quartz sand and let your thoughts drift.

20 MINUTES € 48,00

RESCULPTING THERMAL BODY WRAP

Start by applying our Resculpting BodySerum with unique fat-burning ingredients, then wrap the body tightly in foil. This leads to 30 minutes of pure blissful relaxation, deep facial cleansing of your skin, and a scalp massage. Finally, a Green coffee & chili Massage Oil is massaged onto your skin. Your skin will look firmer and you will feel energized and reawakened.

90 MINUTES € 199,00

DETOX DEEP CLEANSING SEAWEED TREATMENT

This luxurious full body treatment detoxifies and stimulates through an energetic brush massage scrub - ensuring velvety soft skin and a revitalized body. Then your entire body is wrapped in a pack of mineral-rich mud (based on seaweed and stimulating oils). A cleansing shower followed by a full body massage with our Detox Body Oil is followed by a moisturizing body cream.

90 MINUTES € 199,00

AYURVEDA

Enjoy the oldest holistic healing art of humanity and then feel reborn.

ABHYANGA Full Body Massage

This traditional ayurvedic massage consists of a full body massage with warm oil. With flowing handles and targeted brush strokes, inner warmth and balance are conjured leaving you feeling strengthened and harmonized.

70 MINUTES € 125,00

PADABHYANGA Foot Massage

Enjoy this relaxing massage that not only treats your feet, but also your lower legs and knees. It stimulates all of your organs and helps to promote a regenerative process within yourself.

45 MINUTES € 99,00

MUKABHYANGA Facial Massage

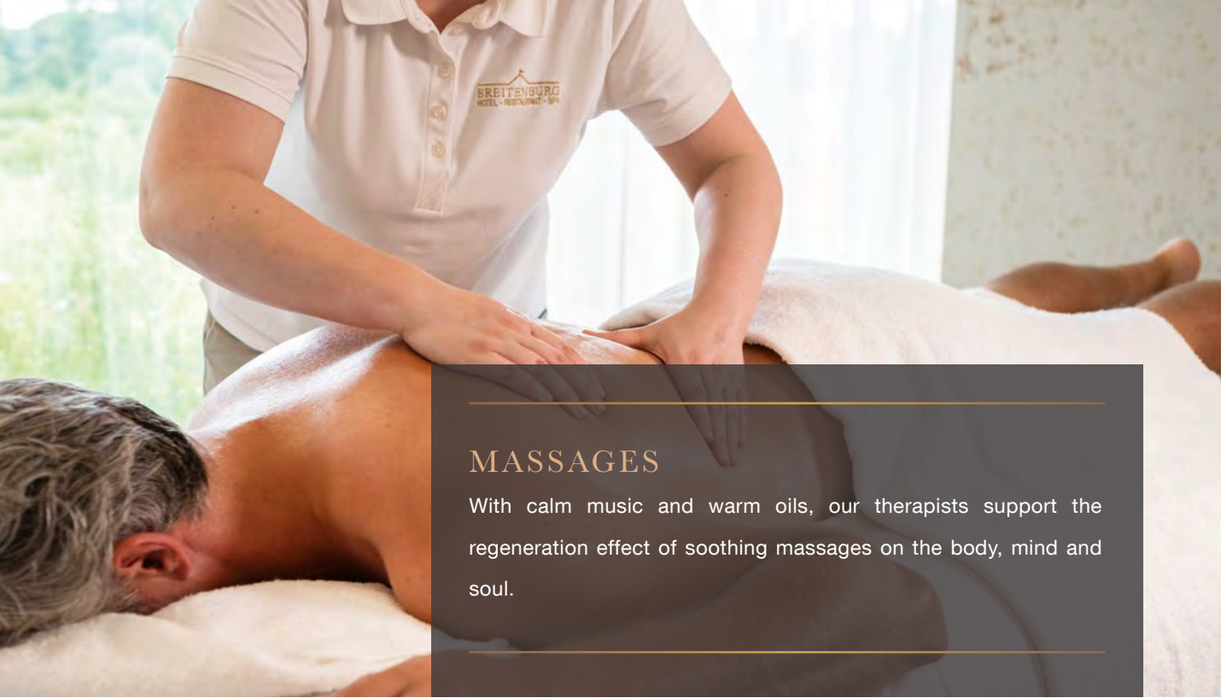
Warm oil is gently poured over the face and massaged in small strokes during the massage. The ayurvedic energy points (on the chin, upper lip, ears and eyebrows) are stimulated to create an energetic balance.

30 MINUTES € 65,00

SHIRODHARA Forehead Rub

The well-tempered oil jet, which gently touches the forehead, creates a feeling of deep relaxation. The stress of everyday life can be forgotten, mind and soul are cleansed.

30 MINUTES € 65,00



MASSAGES

With calm music and warm oils, our therapists support the regeneration effect of soothing massages on the body, mind and soul.

FOOT REFLEXOLOGY

Originating from China, Egypt, and India, the art of foot reflexology is based on the assumption that the zones on the soles of the feet correspond to various organs and parts of the body. Depending on your needs, the therapist varies between stimulating (toning) and calming (sedating) grips that will enhance your well-being.

25 MINUTES € 55,00

50 MINUTES € 99,00

LOMILOMI MASSAGE

Hawaiian massage ritual with a very long tradition. Treat yourself to this extraordinary full body massage with warm oil, which benefits both body and mind in equal measure. Long, fluent strokes, in which the therapist uses their hands as well as their forearms and elbows, balance the spirit, loosen the joints, help to reduce stress blockages, stimulate the inner healing powers and give new life energy.

60 MINUTES € 125,00

FULL BODY MASSAGE

Our holistic massage gives you a feeling of deep relaxation and has a comprehensive effect on all senses.

50 MINUTES € 99,00

PARTIAL BODY MASSAGE

Whether it´s your upper back and shoulder area or legs and/or arms – you decide which part of the body needs special attention during this massage.

25 MINUTES € 65,00

GOLF MASSAGE

Directly from the golf course to the massage. A golf massage is a form of relaxation and recuperation specially tailored to the requirements of the sport. On the one hand, it serves the regeneration after the sport, on the other hand, symmetries of the hip-, shoulder- and spine-axis, which got out of balance, are brought back into a balanced relation to each other.

25 MINUTES € 65,00

50 MINUTES INCL. TAPE € 105,00

MYOFASCIA RELEASE MASSAGE

In this treatment light pressure is applied to the affected muscles and surrounding fascia with the help of a fascia tool. After this treatment, all agglutinated fascia tissue will be loosened.

50 MINUTES € 105,00

TRIGGER POINT MASSAGE

In this treatment, we use a trigger point tool to deeply loosen stressed muscle areas. Tense and aching muscles are brought back into balance and help to relieve pain.

50 MINUTES € 105,00

SHIATSU

Shiatsu is a Far Eastern treatment that activates the body‘s own self-healing powers through touch. Shiatsu helps relieve physical symptoms and restores mental balance. Everyday stress diminishes beautifully. Please bring loose fitting clothes and warm socks!

60 MINUTEN € 105,00

HAMAM

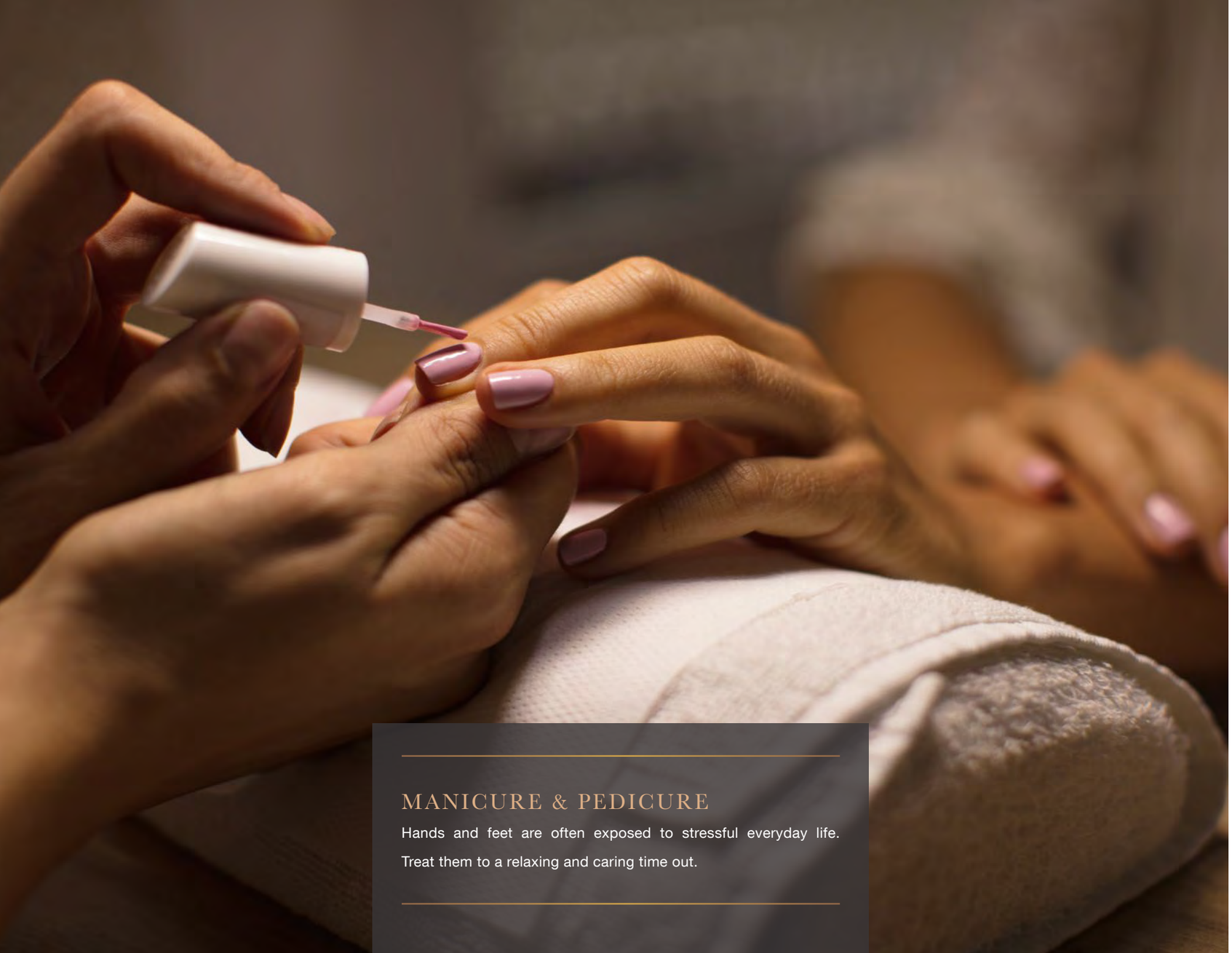
Steam, clarifying peelings and nourishing oils spoil all senses.

HAMAM

Let yourself be carried away to another world to enjoy an experience with all your senses. Fragrant essences, nourishing foam, and stimulating massages ensure a pure sense of wellbeing. Leave everyday life behind and discover this special oriental bathing culture.

60 MINUTES € 105,00

PLUS AFTERCARE
80 MINUTES € 139,00



MANICURE & PEDICURE

Hands and feet are often exposed to stressful everyday life. Treat them to a relaxing and caring time out.

LUXURY ORGANIC MANICURE

Your manicure begins with a deeply relaxing hand bath and hand massage. Your nail bed is cared for and your nails are filed into shape. Of course, if you wish, we will apply nail polish in the color of your choice. And for some color at home, take the polish with you after the application.

60 MINUTES € 75,00

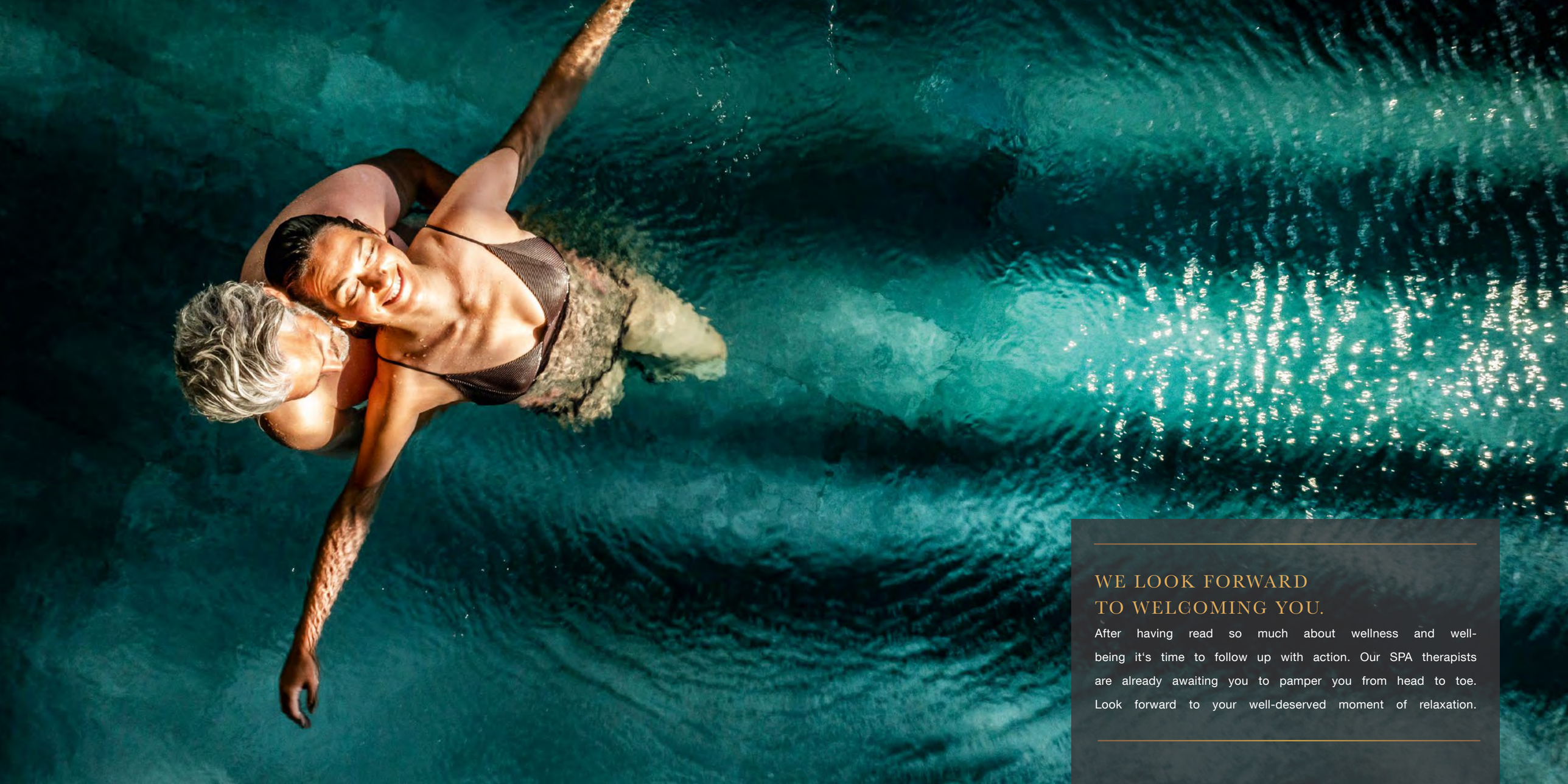
70 MINUTES € 99,00
NAIL POLISH INCLUDED

LUXURY ORGANIC PEDICURE

At the beginning of the pedicure, you will receive a soothing foot bath, followed by a highly active peeling. Finally, a foot massage and treatment of the nail bed and nails await you. If you wish, we will apply nail polish in the color of your choice, which you will be able to take with you.

60 MINUTES € 75,00

70 MINUTES € 99,00
NAIL POLISH INCLUDED



WE LOOK FORWARD TO WELCOMING YOU.

After having read so much about wellness and well-being it‘s time to follow up with action. Our SPA therapists are already awaiting you to pamper you from head to toe. Look forward to your well-deserved moment of relaxation.

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